

A Prayer for Healing

*M*ost Sacred Heart of Jesus,
you care for us and provide us with everything we need.
You shower us with your love and mercy.
You send people into our lives to help care for us,
especially in time of sickness or pain.

*H*elp us to experience your presence
in the midst of the uncertainties of the coming days and weeks.
Heal those infected with the coronavirus and restore them to health.
Ease the suffering of those who are dying
and welcome into your kingdom those who have died.
Give strength to health care professionals
and give them your wisdom in their search for a cure.

*S*trengthen our faith that we might be filled with hope in you.
Give us patience that we might accept our own limitations.
Help us know we are not alone,
that you walk with us each moment of our lives.

*B*e with us, Lord, in our time of need.
Heal us in body, soul and spirit that we may rejoice
in your grace and blessings in this world
and come to enjoy the fullness of your presence in the life to come.
We make this prayer in your name,
for you are our Risen Lord, Jesus. Amen.

Adapted from our Book of Prayers



Sacred Heart Southern Missions

A Prayer for Protection in Time of Pandemic

O Mary, you always brighten our path
as a sign of salvation and of hope.

We entrust ourselves to you, Health of the Sick,
who, at the Cross, took part in Jesus' pain
while remaining steadfast in faith.

O loving Mother, you know what we need,
and we are confident you will provide for us
as at Cana in Galilee.

Intercede for us with your Son Jesus,
the Divine Physician, for those who have fallen ill,
for those who are vulnerable,
and for those who have died.

Intercede also for those charged with
protecting the health and safety of others
and for those who are tending to the sick
and seeking a cure.

Help us, O Mother of Divine Love,
to conform to the will of the Father
and to do as we are told by Jesus,
who took upon himself our
sufferings and carried our sorrows,
so as to lead us, through the Cross,
to the glory of the Resurrection. Amen.

U nder thy protection we seek refuge,
O Holy Mother of God.

In our needs, despise not our petitions,
but deliver us always from all dangers,
O glorious and blessed Virgin. Amen.

Adapted from the Prayer of Pope Francis by Knights of Columbus



Sacred Heart Southern Missions

Prayer for Peace of Mind

Sacred Heart of Jesus,
I place all my trust in you
knowing that you love me,
care for me,
and will never abandon me.

I want to be like Mary,
who, in spite of her sorrows and great pain,
was able to enjoy peace of mind
in the midst of her suffering,
confident that God was at her side
to give her courage.

Help me to know
that my suffering and pain too will pass,
as you guide me along the right path
and that only goodness and kindness
will follow me all the days of my life.

Jesus, heal my heart
and grant me peace of mind.
Amen.

Sacred Heart of Jesus, have mercy on us.
Immaculate Heart of Mary, pray for us.
St. Joseph our protector, pray for us.

